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Title: Navigating Resistant Hypertension in the Outpatient Clinic

Health care professionals dedicate a significant amount of time to blood pressure management. Some patients are especially challenging as their hypertension remains resistant to standard therapy. Resistant hypertension can be both frustrating and perplexing as the clinician searches for what next steps to take. This case-based session will provide a pragmatic way to approach and manage a patient with difficult to treat hypertension.

Objectives:

- (1) Delineate a step-wise approach to diagnose resistant hypertension
- (2) Discuss pharmacologic strategies for resistant hypertension management